ABIGAIL T. STEPHAN

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EDUCATION

2022 **Ph.D., Learning Sciences**
Concentration: Human Development across the Lifespan
Dissertation Title: Examining Intergenerational Relationships in the Family
College of Education
Clemson University | Clemson, SC

2017 **B.A., Language and International Trade** (Summa Cum Laude)
Minor: Cultural Anthropology
College of Architecture, Arts, and Humanities
Clemson University | Clemson, SC

PROFESSIONAL APPOINTMENTS

August 2026 – Present **Assistant Professor in Human Development & Family Science**
School of Human Ecology
College of Behavioral and Social Sciences
Georgia Southern University | Statesboro, GA

Sept 2023 – August 2026 **Research Assistant Professor**
Department of Psychology & Institute for Engaged Aging
College of Behavioral, Social and Health Sciences
Clemson University | Clemson, SC

May 2022 – August 2023 **Postdoctoral Fellow**
Institute for Engaged Aging
College of Behavioral, Social and Health Sciences
Clemson University | Seneca, SC

May 2017 – May 2022 **Graduate Administrative & Research Assistant**
General Engineering Learning Community | General Engineering
College of Engineering, Computing, and Applied Science
Clemson University | Clemson, SC

GRANTS

ACTIVE

Investigating the Everyday Health Experiences of Grandparent Caregivers in South Carolina. (03/2025-09/2026). Clemson University Faculty Strategic University Challenge for Competitive Excellence and Expertise in Discovery and Scholarship Program #1, $10,000. PI: Stephan. Role: Principal Investigator.

Building Relationships Intergenerationally during Guided Mentoring - BRIDGE2Health: An Intergenerational Mentoring Program: Continuation. (05/2026-08/2026). United States Department of Agriculture Children, Youth and Families At-Risk Sustainable Community Projects, Subaward: $8,208. PI: Jarrott. Subaward through The Ohio State University. Role: Site Principal Investigator, Co-Investigator.

COMPLETED

Biopsychosocial-environmental Factors and Cognitive Function in Mid to Later Life: Translating Findings to Clinical Practice. (01/2025-06/2026). Prisma Health Education & Research Institute Seed Grant Program, $19,995. PI: Chai. Role: Co-Investigator.

Intergenerational Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities. (03/2025-03/2026). Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research (1P30 AG059298), $32,400. PI: Stephan. Role: Principal Investigator.

Building Relationships Intergenerationally during Guided Mentoring - BRIDGE2Health: An Intergenerational Mentoring Program. (05/2025-08/2025). United States Department of Agriculture Children, Youth and Families At-Risk Sustainable Community Projects, Subaward: $8,208. PI: Jarrott. Subaward through The Ohio State University. Role: Site Principal Investigator, Co-Investigator.

Detecting Cognitive Decline in Context: The Role of Everyday Functioning and Perceptions around Health-Tracking Technologies. (01/2025-06/2025). Institute for Engaged Aging and the South Carolina Alzheimer's Disease Research Center's SPARK Grant Program, $16,480. PI: Stephan. Role: Principal Investigator.

Exploring the Role of Neurodegenerative Biomarkers as Mechanisms and Moderators of Cognitive Training Effects. (01/2025-06/2025). Institute for Engaged Aging and the South Carolina Alzheimer's Disease Research Center's SPARK Grant Program, $43,000. PI: Chai. Role: Co-Investigator.

Active MIND: An Adaptive Clinical Trial of Cognitive Training to Improve Function and Delay Dementia. (09/2024-08/2027). National Institute on Aging (7R01 AG075014-03), $4,555,241. PI: Edwards, Clemson University Subaward PI: Ross. Role: Co-Investigator (through 2025).

Preparation for the Submission of a Multi-Institutional Application to the National Institute on Aging for an Alzheimer's Disease Research Center Designation. (08/2023-08/2025). South Carolina Department of Health and Human Services (A202400071A), $2,802,177. PI: Ross. Role: Co-Investigator.

Online Deception Awareness and Resilience Training (DART). (08/2022-08/2024). National Science Foundation, $5,000,000, Clemson University Subaward: $314,552. PI: Lyu, Clemson University Subaward PI: Linvill. Role: Faculty Personnel (Community Content Manager).

Early Detection of Cognitive Decline: Examining Motor and IADL Functions in the Context of Neighborhood Disadvantage. (07/2022-06/2024). Carolina Center on Alzheimer's Disease and Minority Research (CCADMR), $29,257. PI: Phillips. Role: Postdoctoral Fellow, Project Manager.

Early Detection of Adults At-Risk for Cognitive and Functional Decline (05/2022-04/2023). Prisma Health Upstate, $19,977. PI: Phillips. Role: Postdoctoral Fellow, Project Manager.

An Ecologically-valid Monitoring of Everyday Function App. (04/2021-03/2023). Prisma Health Upstate, $19,998. PI: Ross. Role: Postdoctoral Fellow, Project Manager.

Cognitive Training to Reduce Incidence of Cognitive Impairment in Older Adults. (02/2021-01/2026). National Institute on Aging (5R01 AG070349-04), $10,506,386. PI: O'Brien, Clemson University Subaward PI: Ross. Role: Co-Investigator.

Examining the Contextual Causes and Consequences of Teacher-Student Ethnoracial Congruence. (02/2021-01/2022). Clemson University Support for Early Exploration and Development, $9,922. PI: Jamil. Role: Graduate Research Assistant.

PUBLICATIONS

*mentored graduate student co-author **mentored undergraduate student co-author

PEER-REVIEWED JOURNAL ARTICLES

*Walton, A., **Moss, D., **Stephan, A. T.**, Chai, H., Phillips, C. B., Gamaldo, A. A., & Ross, L. A. (In press). The moderating role of personality in the associations between technology use and delay discounting among older adults. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences.*

Stephan, A. T., *Walton, A., Chai, H., *Martinez, V., **Lewis-Harris, M., **Weaver, C., *Steele, T., **Skrelja, J., *McVey, A., *Courtney, M., Phillips, C. B., Gamaldo, A. A., & Ross, L. A. (2026). Digital tools for cognitive healthcare: Exploring perceptions of an everyday function app among midlife and older adults. *Applied Psychology: Health and Wellbeing, 18*(3), e&0154. https://doi.org/10.1111/aphw.70154

Chan, A. C. Y., **Stephan, A. T.**, & Sneed, R. S. (2026). The interdependence of health and grandparenting intensity: A dyadic perspective from grandparent couples in the Health and Retirement Study. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences.* Advance online publication, gbag022. https://doi.org/10.1093/geronb/gbag022

Perone, A. K., Abadir, P. M., Berlinger, N., Carey, J. R., Guest, M. A., Hass, Z. J., **Stephan, A. T.**, & Xie, B. (2025). Multidisciplinary perspectives on artificial intelligence in gerontological research and education: Evolving uses, ethics, and equity considerations. *The Gerontologist.* Advance online publication, gnaf314. https://doi.org/10.1093/geront/gnaf314

Stephan, A. T., Chai, H. W., Nicholson, J. S., *McVey, A., Phillips, C. B., & Ross, L. A. (2025). Participant motivation typologies as correlates of study participation and retention in randomized, controlled trials targeting cognitive aging. *The Gerontologist, 65*(12), gnaf252. https://doi.org/10.1093/geront/gnaf252

Stephan, A. T., **Wayt, C., & Schurch, T. (2025). Incorporating opportunities for nature exposure for older adults in independent and assisted living: A community design studio for landscape architecture undergraduate students. *Journal of Aging and Environment.* Advance online publication. https://doi.org/10.1080/26892618.2025.2595469

Perone, A. K., Donorfio, L., Newsham, T. K., Borrero, L., Fassi, J., & **Stephan, A. T.** (2025). Teaching multilevel policy and advocacy in aging-related classes: Policy and practice lessons from a National Teaching Institute. *Gerontology & Geriatrics Education.* Advance online publication. https://www.tandfonline.com/doi/full/10.1080/02701960.2025.2594453

McKown, G., Hirsch, S., Kelley, M., & **Stephan, A.** (2025). An exploration of multiple mixed-reality simulation experiences: Reflections from preservice special education teachers. *Journal of Special Education Technology*. Advance online publication. https://doi.org/10.1177/01626434251389555

McKown, G. L., & **Stephan, A. T.** (2025). Beyond the data: Establishing relationships, honoring lived experience, and highlighting qualitative community research with military-connected families as an exemplar. *International Journal of Qualitative Methods.* Advance online publication. https://doi.org/10.1177/16094069251376310 ×

Ross, L. A., Fine, C., **Stephan, A. T.**, Chai, H. W., *McVey, A., Phillips, C. B., Gamaldo, A., Mogle, J., Dennis, N., Sliwinski, M., & Visscher, K. (2025). The Everyday Function Intervention Trial (EFIT): A randomized clinical trial. *Contemporary Clinical Trials*. Advance online publication. https://doi.org/10.1016/j.cct.2025.107829

Jang, H., Mogle, J., **Stephan, A. T.**, Jeong, M., & Ross, L. A. (2025). Family relationship quality and psychological and cognitive health among grandparent caregivers: The moderating role of co-residence with adult children. *Journal of Social and Personal Relationships, 42*(3), 794-817. https://doi.org/10.1177/02654075241307976

Phillips, C. B., *McVey, A., Sprague, B. N., *Cooper, K., **Stephan, A. T.**, & Ross, L. A. (2024). Predictive utility of four instrumental activities of daily living assessments and cognitive status changes among cognitively in-tact older adults. *Journal of Aging and Health*. Advance online publication. https://doi.org/10.1177/08982643241297193

Stephan, A. T., Chai, H. W., *McVey, A., Sprague, B. N., *Wolf, A. V., Phillips, C. B., & Ross, L. A. (2024). Differential longitudinal associations of depressive symptoms on cognitive status by living situation in older adults. *Journal of Applied Gerontology.* Advance online publication. https://doi.org/10.1177/07334648241285602

Stephan, A. T., **Martinez, V., **Moss, D., **Walton, A., **Bonetto, J., **Hertzfeld, A., **Thomas, M., **Roebuck, S., **Davis, W. B., **Pollock, M., **Lynch, S., **Steele, T., *Cooper, K., *McVey, A., Phillips, C. B., & Ross, L. A. (2024). Undergraduate students engaging in hands-on gerontology research: A participatory case study of value gained and lessons learned. *Gerontology & Geriatrics Education.* Advance online publication. https://doi.org/10.1080/02701960.2024.2395995

Stephan, A. T., *McVey, A., **Steele, T., *Cooper, K., Phillips, C. B., & Ross, L. A. (2024). Older adults' perceptions of cognitive, physical, and exergame training: A mixed methods investigation of a four-armed randomized controlled pilot trial. *Games for Health Journal, 13*(6), 459-465. https://doi.org/10.1089/g4h.2023.0208

Jamil, F. M., **Stephan, A. T.**, & Bennett, A. E. (2024). Exploring longitudinal associations between teacher expectancy effects and literacy achievement. *The Elementary School Journal, 125*(1), 52-76. https://doi.org/10.1086/731256

Stephan, A. T. (2024). "Nobody else could tell those stories": Exploring recollections of grandparental narratives in early adulthood. *Marriage and Family Review, 60*(5), 273-294. https://doi.org/10.1080/01494929.2024.2369084

Stephan, A. T., & McKown, G. L. (2024). Intergenerational connections: Skipped generation family contact during the COVID-19 Pandemic. *Personal Relationships, 31*(3), 695-713. https://doi.org/10.1111/pere.12549

Phillips, C., *McVey, A., Tian, J., **Stephan, A.**, **Davis, W. B., Aflagah, E. L., & Ross, L. A. (2023). Feasibility of a pilot dyadic randomized controlled trial testing the effects of three behavioral interventions on older adults' cognitive, physical and everyday function. *Frontiers in Aging, 4*(1166338). https://www.frontiersin.org/articles/10.3389/fragi.2023.1166338/full

Stephan, A. T., *Hochstetter, N. D., *Clark, V. E., & Jamil, F. M. (2023). From supportive to strained: A mixed methods exploration of emerging adults' characterizations of past and present grandparent-grandchild roles and relationships. *Emerging Adulthood, 11*(4), 933-946. https://doi.org/10.1177/21676968231171738

Stephan, A. (2023). How grandparents inform our lives: A mixed methods investigation of intergenerational influence on young adults. *Journal of Adult Development, 31*, 40-52. https://doi.org/10.1007/s10804-023-09446-7

Stephan, A. (2023). Grandparent caregiver wellbeing: A strengths-based approach utilizing the Positive Emotions, Engagement, Relationships, Meaning, and Accomplishment (PERMA) framework. *Journal of Family Issues, 44*(5), 1400-1418. https://doi.org/10.1177/0192513X211058818

Jamil, F., Emerson, A., McKown, G., & **Stephan, A.** (2022). The struggle is real: An investigation of preschool teachers' perceptions of students' challenging behaviors through reflective writing. *Early Childhood Education Journal, 50*, 1395-1405. https://doi.org/10.1007/s10643-021-01267-1.

Freed, S., Sprague, B. N., **Stephan, A.**, Tian, J., Phillips, C. B., Doyle, C., & Ross, L. A. (2021). Feasibility and enjoyment of exercise video games in older adults for social connectedness. *Frontiers in Public Health: Aging and Public Health, 9,* 1-8. https://doi.org/10.3389/fpubh.2021.751289.

Stephan, A. (2021). Intergenerational learning in the family as an informal learning process: A review of the literature. *Journal of Intergenerational Relationships, 19*(4), 441-458. https://doi.org/10.1080/15350770.2020.1817830.

[×] Indicates paper received award or other recognition

PEER-REVIEWED PUBLISHED CONFERENCE PROCEEDINGS

Sims, R., Watts, K., **Stephan, A. T.**, Ta, T. N. Y., Sharpe, A., & Lichtenstein, G. (2025). Minority Serving Institution (MSI) faculty on the rise: Strengthening federal grant proposals through cross-institution collaborations and networking. *American Society for Engineering Education Conference Proceedings* (15 pages). https://peer.asee.org/56980

Minor, J., Stephan, E. A., **Stephan, A.**, & Neptune, A. (2021). Implementing an engineering math curriculum sequence: Preliminary results and lessons learned. *American Society for Engineering Education Conference Proceedings* (14 pages). https://peer.asee.org/37301 ×

Stephan, A., Harcum, J., Whisler, L., & Stephan, E. A. (2021). Using the Learning and Study Skills Inventory (LASSI) to track students' growth and evaluate the effectiveness of a learning strategies course. *American Society for Engineering Education Conference Proceedings* (22 pages). https://peer.asee.org/38004

Stephan, E. A., **Stephan, A.**, Martin, B., & Miller, M. K. (2021). Exploring Engineering: Peer sharing presentations in first-year engineering curriculum. *American Society for Engineering Education Conference Proceedings* (17 pages). https://peer.asee.org/37141

Whisler, L., Stephan, E. A., & **Stephan, A.** (2020). Continuing to promote metacognitive awareness in a first-year learning strategies course. *American Society for Engineering Education Conference Proceedings* (15 pages). https://doi.org/10.18260/1-2--34331 ×

Stephan, A., Stephan, E. A., & Miller, M. K. (2020). Extended exam wrappers: A comparison of approaches in a learning strategies course. *American Society for Engineering Education Conference Proceedings* (13 pages). https://doi.org/10.18260/1-2--34654.

Stephan, A., Whisler, L., Stephan, E. A., & Neptune, A. I. (2020). Peer sharing presentations in a first-year engineering learning strategies course. *American Society for Engineering Education Conference Proceedings* (15 pages). https://doi.org/ 10.18260/1-2--35047

Stephan, A., Whisler, L., Stephan, E. A., & Trogden, B. (2019). Using exam wrappers in a self-directed first-year learning strategies course. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). https://doi.org/10.18260/1-2--33503 ×

Whisler, L., **Stephan, A.**, & Stephan, E. A. (2019). Promoting metacognitive awareness in a first-year learning strategies course for cohorted general engineering students. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). https://doi.org/10.18260/1-2--33210

Stephan, E. A., Whisler, L., & **Stephan, A.** (2018). Work in progress: Strategic, translational retention initiatives to promote engineering success. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). https://doi.org/10.18260/1-2--31305

× Indicates paper received award or other recognition

PRACTITIONER-FOCUSED ARTICLES AND NEWSLETTERS

Stephan, A. T., & Jarrott, S. J. (2026, March). Reinforcing community capacity in shifting times: Connecting youth and older adults through shared mentorship across contexts. *NCFR Nexus*, Spring 2026 Issue. https://www.ncfr.org/ncfr-nexus/spring-2026/reinforcing-community-capacity-in-shifting-times

*Rehan, V., **Goodwin, A., *Walton, A., Jackson, O., & **Stephan, A.** (2026, January). Aging in rural America: How intergenerational connections in families support health communication and planning across the lifespan. *NCFR Nexus,* Winter 2026 Issue. https://www.ncfr.org/ncfr-nexus/winter-2026/aging-in-rural-america

Stephan, A., & Cenko, E. (2025, August). ESPO News: AGHE Highlights Recent Activities, Previews Annual Scientific Meeting. *Gerontology News, 56*(8), 7.

Fassi, J., & **Stephan, A.** (2025, April). ESPO Virtual Panel on AI Innovations. *Academy for Gerontology in High Education AGHExchange, 48(*1), 4-5.

Stephan, A., & Avilés, J. (2024, September). Play for All Ages: The Benefits of Intergenerational Recreational Physical Activity. *National Council on Aging.* https://www.ncoa.org/article/play-for-all-ages-the-benefits-of-intergenerational-recreational-physical-activity/

Fassi, J., & **Stephan, A.** (2024, August). ESPO News: Upcoming AGHE Programming Includes Virtual Panel, ASM Events. *Gerontology News, 55*(8), 7.

Moss, D., **Stephan, A., Phillips, C., & Stewart, C. (2024, August). Scams and Online Deception: How to Protect Yourself and the Younger Adults in Your Life. *National Council on Aging.* https://www.ncoa.org/article/scams-and-online-deception-how-to-protect-yourself-and-the-younger-adults-in-your-life

Stephan, A. (2023, March). An unrecognized care: Grandparents' contributions within and outside of the family. *International Federation for Family Development (IFFD) Papers*, Article 129. https://familyperspective.org/2023/03/28/129-grandparents-contributions-within-and-outside-of-the-family/

MANUSCRIPTS UNDER REVIEW

*Simon, L. G., **Stephan, A. T.**, Meadows, J. C., Sardina, A. L., Hampton, M., Ross, L. A., Hodge, M., Lykes, C., Van Eldik, L. J., Rhodus, E. K., Schmitt, F. A., & Gallo, J. J., Thorpe, Jr., R. J., & Gamaldo, A. A. (Under review since August 2026). How Black families approach communicating about and navigating Alzheimer's disease and related dementias in South Carolina.

Stephan, A. T., *Rehan, V., **Goodwin, A., *Walton, A., *Simon, L. G., Chai, H., Ross, L. A., Thorpe, Jr., R. J., Gallo, J. J., & Gamaldo, A. A. (Under review since July 2026). Intergenerational perspectives on the acceptability of aging-related facilitated family discussions and resource sharing in rural South Carolina: A mixed methods study.

*Hentnik, H., Phillips, C. B., Wang, Y. B., **Stephan, A. T.**, Ross, L. A., & Gurchiek, R. D. (Under review since July 2026). Exploring gait-based biomarkers of cognitive impairment through multivariate analyses.

Stephan, A. T., Donorfio, L. K. M., Newsham, T. N. K., McNellis, C., Highberg, N., Cenko, E., Bergman, A., & Chapman, B. (Under review since May 2026). A mixed methods evaluation of confidence, competence, and perceived value following a teaching institute on artificial intelligence for gerontology educators.

Stephan, A., *Hochstetter, N., *Clark, V., *Akande, I., *Rehan, V., & Jamil, F. (Under review since November 2025). Navigating family-school relationships in rural communities: A scoping review.

MANUSCRIPTS IN PREPARATION

Chai, H., *Walton, A., Cooper, K., **Stephan, A. T.**, & Ross, L. A. (In preparation). Computerized Useful Field of View training effects of the Everyday Function Intervention Trial (EFIT): The moderating role of demographic characteristics. Planned submission in October 2026.

Chai, H. W., Gamaldo, A. A., Gamaldo, C., **Stephan, A. T.**, Phillips, C. B., & Ross, L.A. (In preparation). Exploring the associations between daily subjective sleep and the Pittsburgh Sleep Quality Index among rural older adults. Planned submission in August 2026.

*Cooper, K., Tian, J., **Stephan, A. T.**, Chai, H., **Bradshaw, C., **Haight, G., **Schueler, S., O'Brien, E. L., Phillips, C. B., Gamaldo, A. A., & Ross, L. A. (In preparation). Characteristics of older adults' leisure activities: A daily diary investigation. Planned submission in October 2026.

Flood, S., Juris, J., **Stephan, A.**, & Craig, L. (In preparation). Grandparent time use: A descriptive analysis by gender and household structure. Planned submission in November 2026.

*Rehan, V., Rasheed, A. I., Gatto, G., Chai, H., & **Stephan, A. T.** (In preparation). Exploring connections between mindfulness and family function across generations in rural families. Planned submission in August 2026.

Stephan, A. T., Fassi, J., & McKown, G. (In preparation). Perceptions of the grandparent experience by caregiver status in the United States. Planned

submission in September 2026.

Stephan, A. T., *McVey, A., Chai, H. W., *Cooper, K., **Figueroa, R., **Grant, A., & **Motley, L., Phillips, C. B., Gamaldo, A. A., & Ross, L. A. (In preparation). Impact of the COVID-19 pandemic on study adherence and retention. Planned submission in October 2026.

CONFERENCE PRESENTATIONS

*mentored graduate student co-author **mentored undergraduate student co-author

NATIONAL AND INTERNATIONAL CONFERENCE PRESENTATIONS

Stephan, A. T., *Rehan, V., *Simon, L., **Goodwin, A., *Walton, A., Chai, H., Ross, L. A., Thorpe, Jr., R. J., Gamaldo, A. A., & Gallo, J. J. (2026, July). *Assuming Alzheimer's Disease Knowledge in Rural Communities Before and After a Family-Based Focus Group with Tailored Resource Sharing.* Virtual poster presented at the Alzheimer's Association International Conference, London, UK.

Chai, H., Pytel, D., **Stephan, A. T.**, Carroll, S. L., Engeland, C. G., & Ross, L. A. (2026, July). *Changes in Neurodegenerative Biomarkers Following Computerized Cognitive Training: Findings from the ENACT Study.* Virtual poster presented at the Alzheimer's Association International Conference, London, UK.

Stephan, A. T., *Hochstetter, N. D., *Akande, I. O., *Rehan, V., *Clark, V. E., & Jamil, F. M. (2026, April). *Navigating Family-School Relationships in Rural Communities: A Scoping Review.* Poster presented at the American Educational Research Association Annual Meeting 2026, Los Angeles, CA.

*Walton, A., Chai, H., **Stephan, A. T.**, *Cooper, K., & Ross, L. A. (2026, April). *The Moderating Role of Demographic Characteristics in Computerized Useful Field of View Cognitive Intervention Effectiveness: The Everyday Function Intervention Trial (EFIT)*. Poster presented at the 47th Annual Meeting and Conference of the Southern Gerontological Society, Dallas, TX.

*Rehan, V., Rasheed, A. I., *Walton, A., **Goodwin, A., *Simon, L., Gamaldo, A. A., & Stephan, A. T. (2026, April). *Mindfulness, Knowledge, and Family Conversations about Dementia*. Poster presented at the 47th Annual Meeting and Conference of the Southern Gerontological Society, Dallas, TX.

Stephan, A., Flood, S., & Juris, J. (2025, November). *Exploring co-residential grandparents' time investments in grandchildren in the United States*. Poster presented at the Gerontological Society of America 2025 Annual Scientific Meeting, Boston, MA.

Stephan, A. T., *Simon, L. G., Sardina, A., Meadows, J., Hampton-Jarmon, M., Ross, L. A., & Gamaldo, A. A. (2025, November). *Family systems and cognitive health: Experiences of Black midlife and older adults in South Carolina*. Paper presented in the Social Determinants of Cognitive Health and Cognitive Health Care Planning Symposium Session at the Gerontological Society of America 2025 Annual Scientific Meeting, Boston, MA.

Stephan, A. T., Schurch, T., & **Wayt, C. (2025, November). *Designing for age inclusivity: A cross-disciplinary approach to landscape architecture education*. Paper presented in the Gerontological Education as an Interdisciplinary Pursuit Symposium Session at the Gerontological Society of America 2025 Annual Scientific Meeting, Boston, MA.

Stephan, A. T., Chai, H., Nicholson, J. S., Phillips, C. B., & Ross, L. A. (2025, November). *Participant motivation typologies as correlates of study participation and retention in cognitive aging trials*. Paper presented in the Motivational Themes for Engaging in Randomized Controlled Trials Incorporating Cognitive Training Symposium Session at the Gerontological Society of America 2025 Annual Scientific Meeting, Boston, MA.

Chai, H., **Stephan, A. T.**, **Bradshaw, C., **Hach, E., **Park, O., & Ross, L. A. (2025, November). *The associations between inflammation and cognition among older adults: The moderating role of daily psychological experiences*. Poster presented at the 2025 Prisma Health Education & Research Institute Showcase, Columbia, SC.

*Walton, A., *Martinez, V., *McVey, A., *Weaver, C., **Lewis-Harris, M., Chai, H. W., Phillips, C. B., Gamaldo, A. A., Ross, L. A., & **Stephan., A. T.** (2025, October). *Understanding midlife and older adults' comfort using mobile assessment technology in their healthcare: Comparisons by demographic characteristics*. Poster presented at the South Carolina Alzheimer's Disease Research Center, Columbia, SC.

*Hentnik, H. B., Phillips, C. B., **Stephan, A. T.**, Ross, L. A., & Gurchiek, R. D. (2025, August). *Canonical correlation analysis of motor function and cognition*. Paper presented at the American Society of Biomechanics Annual Meeting, Pittsburgh, PA.

Chai, H., Pytel, D., **Stephan, A. T.**, Belk, J., Ackerman, M., Davis, L., Ding, F., Carroll, S. L., & Ross, L. A. (2025, July). *Fostering a comprehensive understanding of neurodegenerative biomarkers through collaborations: Integration of findings from randomized controlled trial and postmortem datasets.* Poster presented at the Alzheimer's Association International Conference, Toronto, ON, Canada.

Chai, H., **Stephan, A. T.**, Weiskittel, S. E., Phillips, C. B., Gamaldo, A. A., Gamaldo, C., & Ross, L. A. (2025, July). *Associations between objective and subjective measures of sleep among rural older adults in the United States.* Poster presented at the Alzheimer's Association International Conference, Toronto, ON, Canada.

Ross, L. A., Gamaldo, A. A., Chai, H. W., **Stephan, A. T.**, Sliwinski, M. J., & Phillips, C. B. (2025, July). *Remote data collection using multiple modalities: Successes, challenges, and lessons learned across two randomized controlled trials*. Poster presented at the Alzheimer's Association International Conference, Toronto, ON, Canada.

Simon, L., **Stephan, A.**, Sardina, A., Meadows, J., Hampton, M., Ross, L., & Gamaldo, A. (2025, July). *Navigating discussions around Alzheimer's disease and related dementias: Preliminary findings from focus groups with Black/African American mid-life and older adults in South Carolina*. Poster presented at the Alzheimer's Association International Conference, Toronto, ON, Canada.

Juris, J., **Stephan, A.**, De Fries, C., Burgess, T., & Jarrott, S. (2025, June). *Where we've been and where we're going: Navigating future directions in translational intergenerational scholarship*. Paper presented at the 2025 Generations United Biennial Conference, Louisville, KY.

Stephan, A. T., Flood, S., & Juris, J. (2025, June). *Grandparents' time investment in grandchildren: Comparisons by gender and family structure in the United States*. Poster presented at the 2025 Generations United Biennial Conference, Louisville, KY.

Stephan, A. (2025, April). *Intergenerational Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities.* Presented at the Researchers in Aging: Support and Enrichment Virtual Meeting, Online.

Schurch, T., **Stephan, A.**, & **Wayt, C. (2025, March). *Developing an Undergraduate Community Design Studio that Serves Older Adults through University and Community Partner Engagement*. Paper presented at the Council of Educators in Landscape Architecture 2025 Annual Conference, Portland, OR.

McKown, G. L., & **Stephan, A. T.** (2024, November). *Promoting Resilience in Military Connected Families: Perspectives from Adolescents, Parents, and Teachers.* Paper presented in the Reconceptualizing Resilience: Expanding Our Understanding for All Families Symposium Session through the Families and Health Section at the 2024 National Council on Family Relations Annual Conference, Bellevue, WA.

Stephan, A. T., Ogan, M., & Socias, I. (2024, November). *Supporting Translational and Applied Scholarship: Mentorship Relationships Across Sectors for Family Scientists.* Poster presented in the Family Science Pedagogy Session through Advancing Family Science Section at the 2024 National Council on Family Relations Annual Conference, Bellevue, WA.

Chai, H., Gamaldo, A. A., Gamaldo, C., Ross, L. A., Phillips, C. B., & **Stephan, A. T.** (2024, November). *Exploring the Associations Between Daily Sleep and the Pittsburgh Sleep Quality Index (PSQI) Among Older Adults.* Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.

Walton, A., **Moss, D., **Stephan, A. T., Phillips, C. B., & Ross, L. A. (2024, November). *Frequency of Social Media Use is Associated with Delay Discounting in Older Adults*. Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.

*Hentnik, H. B., Phillips, C., **Stephan, A. T.**, Ross, L. A., & Gurchiek, R. D. (2024, November). *Towards Gait-Based Screening for Cognitive Impairment*. Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.

Stephan, A. T., **Martinez, V., **Moss, D., **Walton, M., *McVey, A., *Cooper, K., Phillips, C. B., & Ross, L. A. (2024, November). *Undergraduate Students Conducting Gerontology Research: An Avenue for Intergenerational Connection*. Paper presented in the Intergenerational Engagement in Higher Education: Successes, Setbacks, and Best Practices Symposium Session at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.

McKown, G., & **Stephan, A.** (2024, October). *Making the Most of Change: A Strengths Based Study of Military-Connected Teens, Parents, and Teachers.* Paper presented at the Purple Star USA: National Convening of Schools and Communities, Chicago, IL.

Flood, S., Juris, J., & **Stephan, A.** (2024, October). *Grandparent Time Investments in Grandchildren in the United States: The Roles of Gender and Family Structure.* Paper accepted to the 46th International Association for Time Use Research Conference, Corfu, Greece.

McKown, G., & **Stephan, A.** (2024, April). *Exploring the Strengths of Military Connected Teens: A Qualitative Study of Teens, Parents, and Teachers.* Paper presented at the Southeastern School Behavioral Health Conference, Myrtle Beach, SC.

McKown, G., & **Stephan, A.** (2024, April). *Exploring The Academic Experiences of Military-Connected Students: A Qualitative Study of Adolescents in the United States.* Poster presented at the Society for Research on Adolescence Annual Meeting, Chicago, IL.

Stephan, A. T., **Martinez, V., **Hertzfeld, A., **Davis, W. B., **Moss, D., **Bonetto, J., **Lynch, S., **Pollock, M., **Roebuck, S., **Steele, T., **Thomas, M., **Walton, M., *McVey, A., *Cooper, K., Phillips, C. B., & Ross, L. A. (2024, April). *Examining Undergraduate Students' Experiences with Hands-On Gerontology Research*. Paper presented at Southern Gerontological Society 45th Annual Meeting and Conference, Greenville, SC.

Stephan, A., & Chan, A. C. Y. (2023, November). *Grandparents' Activity Engagement with Grandchildren as a Function of Caregiver Status.* Paper presented in A Historical-Contextual Perspective on Grandparents' Activities with Grandchildren Symposium at the Gerontological Society of America 2023 Annual Scientific Meeting, Tampa, FL.

*McVey, A., **Stephan, A.**, *Cooper, K. A., **Steele, T. P., Phillips, C., Ross, L., & Gamaldo, A. (2023, November). *Development and Acceptability of a Mobile App for Monitoring Everyday Functional Abilities*. Poster presented in Technology: Older Adult Interface and Use Session at the Gerontological Society of America 2023 Annual Scientific Meeting, Tampa, FL.

Stephan, A., & McKown, G. (2023, July). *Making the Most of Their Changing World: Embracing Intergenerational Community Relationships for Military-Connected Children*. Roundtable Presentation at Generations United's 2023 Global Intergenerational Conference, Washington, D.C.

Stephan, A. (2022, November). *Benefits and Challenges: Investigating the Light and Shadow of the Modern Grandparent Experience*. Poster presented at the 2022 National Council on Family Relations Annual Conference, Minneapolis, MN.

Tian, J., **Stephan, A.**, & Ross, L. (2022, November). *Characteristics of Older Adults' Leisure Activities: A Daily Diary Investigation.* Paper presented in Determinants and Consequences of Leisure Activity Engagement and Constraints in Older Adult Populations Symposium at the Gerontological Society of America 2022 Annual Scientific Meeting, Indianapolis, IN.

Phillips, C. B., **Stephan, A.**, *McVey, A., Tian, J., Freed, S., & Ross, L. A. (2022, April). *Preliminary Effects of Three Behavioral Interventions on Functional Outcomes in Older Adults: Results from the Cognitive and Physical Exercise Study (CAPES)*. Presented at the 2022 Cognitive Aging Conference, Atlanta, GA.

Stephan, A., Baker, A., *Cofield, W., & **Richardson, P. (2022, April). *Authentic Learning and Play through Intergenerational Connections in Makerspaces.* Presented at the 2022 Conference on the Value of Play, Clemson, SC.

Stephan, A., Tian, J., & Ross, L. A. (2021, November). *Multitasking in Older Adults' Daily Activities: A Preliminary Investigation.* Poster presented at Gerontological Society of America 2021 Annual Scientific Meeting. [online conference format].

Stephan, A. (2021, November). *The Grandparent-Grandchild Relationship: A Potential Key to Unlocking Greater Well-Being for Emerging Adults.* Poster presented at the Society for the Study of Emerging Adulthood's 10th Annual Conference on Emerging Adulthood. [online conference format].

Jamil, F., O'Hara, M., **Stephan, A.**, Bennett, A., & McKown, G. (2021, October). *Representation Matters: Understanding the Role of an Ethnically Diverse Teacher Workforce in Closing Opportunity Gaps.* Presented at the Scholarly Consortium of Innovative Psychology in Education 2021 Meeting. [online conference format].

Stephan, E. A., Miller, M. K., & **Stephan, A.** (2021, July). *Strategic, Translational Retention Initiative to Promote Engineering Success of Underprepared Students*. Abstract accepted to the American Society for Engineering Education Annual Conference. [online conference format].

Stephan, A. (2021, June). *Taking Lessons from Grandparents Along for the Journey: How Grandparents Influence the Transition into Adulthood*. Poster presented at Generations United's 2021 Virtual Intergenerational Conference. [online conference format].

McKown, G., & **Stephan, A.** (2021, April). *A Discussion on Enhancing Teachers' Understanding of Students' Diverse Family Systems.* Symposium session moderated at American Educational Research Association 2021 Annual Meeting. [online conference format].

Stephan, A. (2021, April). *Intergenerational Play within the Workplace: A Powerful Mechanism for Informal Learning.* Presented at the 2021 Conference on the Value of Play. [online conference format].

Stephan, A. (2021, March). *Finding Oneself in the Modern World: The Influence of Intergenerational Relationships on Youth Identity Development.* Poster presented at Society for Research on Adolescence Meeting. [online conference format].

Stephan, A. (2020, November). *The Role of Technology in Intergenerational Learning Experiences.* Poster presented at the Learning Sciences Graduate Student Conference, Madison, WI. [online conference format].

Stephan, A., Baker, A., & Bennett, A. (2020, April). *The Influence of Preschool Educators' Beliefs About Play-Based Learning on Instructional Delivery*. Proposal accepted to the PLAY Conference: 2020 Conference on the Value of Play, Clemson, SC. [online conference format].

Stephan, A. (2020, March). *Finding Oneself in the Modern World: The Influence of Intergenerational Relationships on Youth Identity Development.* Poster accepted to Society for Research on Adolescence Biennial Meeting, San Diego, CA. [conference cancelled]. ×

Stephan, E. A., **Stephan, A.**, Whisler, L., Miller, M. K., & Neptune, A. I. (2020, March). *Engineering Learning Strategies Course Supports Student Retention.* Workshop presented at the American Society for Engineering Education Southeast Annual Conference, Auburn, AL.

Whisler, L., & **Stephan, A.** (2020, February). *Impact of Entangled Learning on First-Year Undergraduate Engineering Student Readiness for Self-Directed Learning*. International Society of Self-Directed Learning Symposium, Cocoa Beach, FL.

Stephan, A. (2019, October*). Transferring Learning in the Family and Community to the Classroom: A Review of Intergenerational Learning Experiences for Marginalized Youth*. Poster presented at The Scholarly Consortium for Innovative Psychology in Education Biennial Conference, Savannah, GA. ×

Stephan, A., Bolding, C., & McKown, G. (2019, October). *Familial Influence on Engineering Student Sense of Belonging and Engineering Identity.* International Conference on Social and Education Sciences 2019, Monument, CO.

Stephan, A. (2019, May). *Exploring Contemporary Intergenerational Learning for Marginalized Populations: A Review of the Literature*. Abstract accepted to HASTAC, Vancouver, Canada.

Stephan, A., & Bennett, A. (2019, April). *Play across Generations: A Literature Review of Intergenerational Learning Experiences.* Paper presented at PLAY Conference, Clemson, SC.

Baker, A., Bennett, A., & **Stephan, A.** (2019, March). *Examining Kindergarten Readiness Skills Using a Play-Based, Nature-Focused Preschool Curriculum*. Paper presented at PLAY Conference, Clemson, SC.

Whisler, L., **Stephan, A.**, Stephan, E. A. (2018, November). *Learning Support for Underserved Engineering Students: Creating an Entangled Learning Community of Scholars.* Paper presented at the Association of American Colleges and Universities Transforming STEM Higher Education Conference, Atlanta, GA.

× Indicates paper received award or other recognition

LOCAL AND REGIONAL CONFERENCE PRESENTATIONS

Park, O., **Owings, S., **Fernandez, J., **Schueler, S., **Cetero, G., *Wickham, B., *Walton, A., **Stephan, A. T., Chai, H., & Ross, L. A. (2026, April). *Effective Strategies for Recruitment and Data Collection with Unique Populations: Considerations from Two Studies in South Carolina*. Poster presented at the 21st Annual Focus on Creative Inquiry Poster Forum, Clemson, SC.

Hach, E., **D'Ambrosio, C., **Cetero, G., *Hunter, C. T., Chai, H., **Stephan, A. T., & Ross, L. A. (2026, April). *From Research to Practice: Improving Cognitive Healthcare through Clinician Education and Research.* Poster presented at the 21st Annual Focus on Creative Inquiry Poster Forum, Clemson, SC.

Skandamis, H., **Leonard, N., **Hanson, A., **Bond, N., Schumpert, M., Gavin, M., **Stephan, A. T., Byrne, K. A., & Ross, L. A. (2026, April). *Studying the Effectiveness of Cognitive Training and MRI Intervention on Delaying Onset of Alzheimer's Disease and Related Dementias.* Poster presented at the 21st Annual Focus on Creative Inquiry Poster Forum, Clemson, SC.

Lewis-Harris, M., **Bradshaw, C., *McVey, A., *Cooper, K., *Walton, A., **Stephan, A. T., Chai, H., Phillips, C. B., Gamaldo, A. A., & Ross, L. A. (2026, April). *Cognitive Health & Technology: Midlife and Older Adults' Perceptions of an App-Based Assessment of Everyday Functioning*. Poster presented at the 21st Annual Focus on Creative Inquiry Poster Forum, Clemson, SC.

Gurchiek, R. D., *Hentnik, H. B., Phillips, C. B., **Stephan, A. T.**, & Ross, L. A. (2025, February). *Typical Motor Function is More Strongly Related to Cognition than Maximal Performance.* Poster presented at the South Carolina IDeA Networks of Biomedical Research Excellence 16th Annual Science Symposium, Columbia, SC.

*Hochstetter, N. D., **Stephan, A. T.**, *Rehan, V., *Akande, I., *Clark, V. E., & Jamil, F. (2025, February). *Family-School Relationships in Rural Contexts: Preliminary Findings from a Scoping Review*. Poster presented at the College of Education Graduate Student Conference 2025, Clemson, SC.

Chai, H., **Stephan, A. T.**, Phillips, C. B. Gamaldo, A. A., Gamaldo, C., & Ross, L. A. (2024, November). *Exploring the Associations Between Self-Reported Daily Sleep and the Pittsburgh Sleep Quality Index (PSQI) Among Older Adults.* Presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.

Gurchiek, R. D., *Hentnik, H. T., Phillips, C. B., **Stephan, A. T.**, & Ross, L. A. (2024, November). *The Effect of Cognitive Impairment on Gait is Multifactorial*. Presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.

*McVey, A., *Cooper, K., **Stephan, A. T.**, Phillips, C. B., Gamaldo, A., & Ross, L. A. (2024, November). *Development and Acceptability of a Mobile App for Monitoring Everyday Functional Abilities*. Poster presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.

*Davis, W. B., **Stephan, A. T.**, Phillips, C. B., & Ross, L. A. (2024, November). *Examining Undergraduate Students' Experience in Gerontology Research*. Presented at the Medical University of South Carolina Student Research Day, Charleston, SC.

Wayt, C., **Stephan, A. T., & Schurch, T. (2024, August). *"It gave me a chance to think about helping society through our profession": Equipping the next generation of landscape architects with the skills to serve an aging population.* Poster presented at the Clemson University Creative Inquiry + Undergraduate Research Showcase 2024, Clemson, SC.

Steele, T., **Roebuck, S., **Saito, A., **Bonetto, J., **Stephan, A., Ross, L., & Phillips, C. (2023, April). *A Mobile Application to Track Brain Function: Older Adults' Perceptions of App Acceptability*. Poster presented at the 6th Annual Clemson University Student Research Forum, Clemson, SC.

Pollock, M., **Hertzfeld, A., **Davis, W. B., Phillips, C., Ross, L., & **Stephan, A. (2023, April). *Associations between Motor and Cognitive Functions in Older Adults.* Poster presented at the 18th Annual Focus on Creative Inquiry (FoCI) Poster Forum, Clemson, SC.

Stephan, A., O'Hara, R., McKown, G., & Jamil, F. (2022, March). *Examining Teacher Student Ethnoracial Congruence at the District-Level: A Key to Unlocking Equitable Education.* Paper presented at Clemson University Connected Learning in Education and Research (CLEaR) Lab Research Forum, Clemson, SC. ×

Stephan, A., & McKown, G. (2021, February). *The Comparison of Two Family Units Facing Separation: A Preliminary Investigation.* Presented at the Clemson University Connected Learning in Education and Research (CLEaR) Lab Virtual Poster Session Event. [online conference format].

Stephan, A. (2020, March). *Intergenerational Relationships and Youth Identity Development: A Review of the Literature*. Accepted to Graduate Research and Discovery Symposium, Clemson, SC. [conference cancelled].

Whisler, L., **Stephan, A.**, & Stephan, E. A. (2020, March). *Boost Your Students' Success with a Learning and Professional Development Strategies Course.* Workshop presented at the American Society for Engineering Education Southeast Section Conference, Auburn, AL.

Stephan, E. A., **Stephan, A.,** Whisler, L., Miller, M. K., & Neptune, A. I. (2020, March). *Engineering Learning Strategies Course Supports Student Retention.* Paper presented at the American Society for Engineering Education Southeast Section Conference, Auburn, AL.

Stephan, A. (2019, April). *Using Exam Wrappers in a Self-Directed First-Year Learning Strategies Course.* Poster presented at the Clemson University Graduate Research and Discovery Symposium, Clemson, SC.

Stephan, A., & McKown, G. (2019, March). *Intergenerational Learning Opportunities Among Military-Connected Families: A Review of the Literature.* Paper presented at South Carolina Educators for the Practical Use of Research Annual Conference, Columbia, SC.

Stephan, A. (April, 2018). *Bolstering Academic Success through the General Engineering Learning Community.* Poster presented at the Clemson University College of Education Research Symposium, Clemson, SC. ×

Stephan, A. (2018, March). *The Impact of Community Learning on Academic Achievement for First-Year Engineering Students*. Poster presented at the South Carolina Educators for the Practical Use of Research (SCEPUR) Annual Conference, Columbia, SC.

× Indicates paper received award or other recognition

ORGANIZED TALKS AND EVENTS

Social Determinants of Cognitive Health and Cognitive Health Care Planning. Symposium session co-chair in collaboration with A. Allan at the Gerontological Society of America 2025 Annual Scientific Meeting, Seattle, WA, November 2025.

The Academy for Gerontology in Higher Education's 14th Annual Teaching Institute: Teaching Aging in the Age of Artificial Intelligence. Workshop co-organizer in collaboration with L. Donorfio, T. Newsham, C. McNellis, E. Cenko, N. Highberg, and B. Carpenter at the Gerontological Society of America 2025 Annual Scientific Meeting, Boston, MA, November 2025.

Emerging Scholars and Professionals Organization and Academy for Gerontology in Higher Education Section Symposium: Gerontological Education as an Interdisciplinary Pursuit. Symposium session co-chair in collaboration with E. Cenko at the Gerontological Society of America 2025 Annual Scientific Meeting, Seattle, WA, November 2025.

Integrating AI into Gerontological Education: Considerations for Ethical and Inclusive Pedagogy. Webinar co-organizer and co-host in collaboration with E. Cenko. Academy for Gerontology in Higher Education Resource Development Workgroup, Gerontological Society of America. Live Webinar Session, October 2025.

Funding Intergenerational Impact: Strategies, Stories, and Support. Webinar co-organizer and co-host in collaboration with C. De Fries and T. Burgess. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, September 2025.

Intergenerational Synchrony: Connecting Through Music and Meaningful Relationships. Webinar co-organizer and host in collaboration with T. Burgess and C. De Fries. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, March 2025.

The Academy for Gerontology in Higher Education's 13th Annual Teaching Institute: Utilizing Advocacy and Impacting Policy in Aging-Related Classes. Workshop co-organizer in collaboration with L. Donorfio, T. Newsham, L. Borrero, A. Perone, and J. Fassi at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA, November 2024.

Emerging Scholars and Professionals Organization and Academy for Gerontology in Higher Education Section Symposium: Intergenerational Engagement in Higher Education: Successes, Setbacks, and Best Practices. Symposium session co-chair in collaboration with J. Fassi at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA, November 2024.

South Carolina Alzheimer's Disease Research Center Research Symposium. Conference co-organizer in collaboration with J. S. Wiley, G. Sanchez, S. Lambert, B. Stanback, and Y. Mulakala. Greenville, SC, November 2024.

Artificial Intelligence Innovations in Gerontological Education and Research. Panel discussion co-organizer in collaboration with J. Fassi through the Academy for Gerontology in Higher Education's Educator Resource Development Workgroup Webinar Series, Gerontological Society of America. Live Webinar Session, October 2024.

Underinvestment in Children Policies around the World. Featured speaker: Ignacio Socias. Webinar co-organizer in collaboration with L. Barbano and M. Ogan. Research Impact Hub Webinar Series. Live Webinar Session, September 2024.

Exploring Careers in Intergenerational Work: Insights and Connections. Webinar co-organizer and host in collaboration with T. Burgess, C. De Fries, and J. Juris. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, August 2024.

Intergenerationology: What It Is and How We Can Use It. Webinar co-organizer and host in collaboration with T. Burgess, C. De Fries, and J. Juris. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, June 2024.

A Discussion on Enhancing Teachers' Understanding of Students' Diverse Family Systems. Symposium session organizer and moderator in collaboration with G. McKown at American Educational Research Association 2021 Annual Meeting, April 2021 [online conference format].

Gender Identity in STEM Fields. Interactive event host and session facilitator in collaboration with G. McKown at Bring Your Daughter to Clemson Event, Clemson, SC, May 2018.

INVITED TALKS AND KEYNOTES

Scientist Presentation: Intergenerational Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities. Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research Annual Retreat, Baltimore, MD, January 2026.

Exploring Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities: Preliminary Observations and Next Steps from a Mixed-Methods Pilot Study. Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research. Scientific Advisory Panel, Online, December 2025.

Family Conversations around Alzheimer's Disease and Related Disorders across Generations in Rural Communities: Initial Thoughts and Considerations. Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research. Community Advisory Board Meeting, Online, October 2025.

Intergenerational Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities: Preliminary Findings and Reflections. Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research. Professional Development Series, Online, September 2025.

Intergenerational Relationships and Healthy Aging. Invited Speaker with Drs. Hye Won Chai, Angie Sardina & Brianne Stanback. Southern Gerontological Society Webinar, Online, April 2025.

Working across Generations: Takeaways for Teaching Fellows When Collaborating with Colleagues and Families. Invited Speaker. Teaching Fellows Program, Clemson, SC, March 2025.

Policy Series: Technology in Aging - Artificial Intelligence. Invited Panelist. Gerontological Society of America, November 2024.

Career Trajectories for Past Peer Assisted Learning Leaders and Tutors. Invited Panelist. Academic Success Center, Clemson University. Live Panel Session, April 2024.

What Is Healthy Aging? Invited Speaker and Discussion Co-Facilitator. Dominion Senior Living at Patrick Square, Clemson, SC, March 2024.

Utilizing GSA Interest Groups to Advance Your Career and Find Your People. Invited Panelist. GSA Career Conversations, Gerontological Society of America. Live Panel Session, March 2024.

Qualitative Analysis. Invited Speaker. Youth & Technology Class with Dr. Abby Baker, Clemson University. Live Guest Chat, November 2023.

Promoting Engaged Aging through Social Connection. Invited Breakout Session Speaker. Southern Regional Conference for Learning in Retirement (SRCLIR). Clemson, SC, July 2023.

The Tracking Real-world Activities in Life Study (TRAiLS). Invited Speaker. Leadership Oconee – Health and Human Services Day. Oconee Memorial Hospital, Seneca, SC, July 2023.

Leveraging Grandparents' Labor: A Consideration of Contributions Within and Outside of the Family. Invited Panelist. The International Federation for Family Development Briefing at the 61st Session of the Commission for Social Development. United Nations Headquarters, New York, NY, February 2023.

Intergenerational Play. Invited Speaker. Play Class with Dr. Heather Von Bank, University of Minnesota-Mankato. Live Guest Chat, June 2022.

Grandparent-Grandchild Relationships and the Power of Intergenerational Learning. Invited Speaker. The Long Distance Grandparent. Live Guest Expert Chat, September 2021.

Thinking Outside the Box: Alternative Assessment Methods. Invited Speaker. American Society for Engineering Education. Live Webinar, October 2020.

FEATURED IN THE MEDIA

Featured as guest expert in Freydkin, D. (2026, June 22). AARP Study: Big Benefits in Cross-Generation Friendships. *AARP*. https://www.aarp.org/family-relationships/study-benefits-of-intergenerational-friendship/

Featured as guest expert in Manier, M. (2026, February 20). My Best Friend Is Twice My Age—Here's Why Intergenerational Friendships Are Surprisingly Wonderful. *Reader's Digest*. https://www.rd.com/article/intergenerational-friendships/

Episode 7: Outdoor Music Bridging Generations: Designing Play for All Ages. Music Made For The Great Outdoors Podcast. Recorded Podcast, September 2025. https://www.percussionplay.com/music-made-for-the-great-outdoors-podcasts/

Episode 77: Bridging Generations with Dr. Abigail T. Stephan. This is Growing Old. Recorded Podcast, October 2024.

Reference to Stephan (2023) in Verny, T. R. (2023, November 29). In Praise of Grandparents: Studies Show Time Spent with Grandchildren Confers Benefits to Both Parties. *Psychology Today*. https://www.psychologytoday.com/us/blog/explorations-of-the-mind/202311/in-praise-of-grandparents

Episode 98: What Makes Grandfathers Unique? The Cool Grandpa Podcast. Recorded Podcast, September 2022.

Episode 78: What Does it Mean to Be a Grandparent? Adventures with Grammy. Recorded Podcast, July 2022.

ADDITIONAL FUNDING

AWARDED TRAVEL GRANTS

November 2021	Graduate Travel Grant for the Gerontological Society of America Annual Meeting [$750]
April 2021	Graduate Travel Grant for the American Educational Research Association Annual Meeting [$250]
June 2020	Graduate Travel Grant for the International Conference of the Learning Sciences [$750]
October 2019	Graduate Travel Grant for The Scholarly Consortium for Innovative Psychology in Education Conference [$472]

June 2019	Graduate Travel Grant for American Society for Engineering Education Conference [$750]
May 2019	Graduate Travel Grant for HASTAC Conference [$1000]

HONORS & AWARDS

October 2025	Open Access Publishing Fund Award, Clemson University Libraries
May 2024 – Present	Faculty Scholar with Clemson University School of Health Research
November 2023	College of Behavioral, Social and Health Sciences Research Development Award
November 2023	National Council on Family Relations Research and Theory Section Students and New Professionals Spotlight
October 2020	Association of American Colleges and Universities K. Patricia Cross Future Leaders Award Nominee
June 2020	First Year Programs 2020 Best of First-Year Programs Division Paper Award for the American Society of Engineering Education Annual Conference
April 2020	College of Engineering Student Assistant of the Year [$250]
March 2020	Society for Research on Adolescence Special Poster Session Participant in Adolescence in the Context of Domestic and Global Diversity
October 2019	Scholarly Consortium for Innovative Psychology in Education Graduate Student Poster Award 2019 [$100]
June 2019	First-Year Programs 2019 Best Student Presentation Award for the American Society of Engineering Education Annual Conference [$250]
April 2018	Graduate Research and Discovery Symposium 2018, 1st Place for College of Education [$250]

RESEARCH TEAM MEMBERSHIP

Fall 2020 – Present	Study of Healthy Aging and Applied Research Programs (SHAARP) Lab *Pennsylvania State University & Clemson University*

Fall 2017 – Present Contexts of Learning and Development (CLAD) Lab
Clemson University

TEACHING, INSTRUCTIONAL DESIGN, & PEDAGOGICAL EXPERIENCE

Co-Facilitator of Experiential Learning
Healthy Aging Creative Inquiry (F22, S23, Su23, F23, S24, F24, S25, Su25, F25, S26)

Instructor of Record/Sole Instructor
Adult Development and Later Life (F26)
Introduction to Family Science (F26)
Systems and Theories of Psychology (Su26)
Child Growth and Development (S22)
Learning Coach Creative Inquiry (F19)
University Success Skills (F18, F19)

Course Designer
Connecting Youth and Older Adults (prepared for S26)
Engineering Success Skills (F20, F21)

Teaching Assistant
Child Growth and Development (S20)

MENTORSHIP

GRADUATE STUDENTS

Kalvry Cooper – Human Factors Psychology
Research Mentor (2023-Present)

Margo Courtney – Healthcare Genetics
Project Supervisor (2025)

Haley Hentnik – Bioengineering
Research Mentor, Committee Member (2024-Present)

Ava McVey – Human Factors Psychology
Research Mentor, Committee Member, Project Supervisor (2023-Present)

Verdah Rehan – Learning Sciences
Project Supervisor (2025-Present)

Lena Simon – Health Psychology
Research Mentor, Committee Member (2024-Present)

Allison Walton – Health Psychology
Research Mentor, Project Supervisor (2023-Present)

UNDERGRADUATE STUDENTS

Ellis Adelman – Psychology (Spring 2026-present)
Ben Bareiss – Biological Sciences (Fall 2025)
Julia Bonetto – Psychology (Fall 2022-Spring 2024)
Camryn Bradshaw – Psychology (Fall 2025-present)
Gabi Cetero – Biological Sciences (Spring 2026-present)
Cooper D'Ambrosio – Biological Sciences (Fall 2025-present)
W. Bennett Davis – Health Science (Spring 2022-Spring 2024)
Madalyn Edwards – Biological Sciences (Fall 2025)
Juliana Fernandez – Psychology (Fall 2025-present)
Roma Figueroa – Psychology (Fall 2025-present)
Aaliyah Goodwin – Psychology (Summer 2025-present)
Anna Grant – Nursing (Spring 2026-present)
Emily Hach – Biological Sciences (Fall 2025-present)
Grayson Haight – Psychology (Fall 2025-present)
Margaux Harms – Biological Sciences (Fall 2025)
Ashley Hertzfeld – Psychology (Spring 2023-Spring 2024)
Milan Lewis-Harris – Biological Sciences (Spring 2025-present)
Seth Lynch – Psychology (Summer 2023-Spring 2024)
Vanessa Martinez – Psychology (Spring 2023-Spring 2026)
Molly Milewski – Health Science (Fall 2025)
Daniel Moss – Psychology (Summer 2023-Summer 2025)
Liliana Motley – Health Science (Spring 2026-present)
Colin Mullaney – Health Science (Fall 2025-present)
Susannah Owings – Health Science (Spring 2026-present)
Amanda Padillo – Special Education (Spring 2023)
Raina Palevich – Psychology (Summer 2025)
Olivia Park – Food Science & Human Nutrition (Fall 2025-present)
Madison Pollock – Biological Science (Spring 2022-Fall 2023)
Samuel Roebuck – Biological Science (Fall 2022-Fall 2023)
Akiha Saito – Psychology (Fall 2022-Spring 2023)
Sophia Schueler – Psychology (Fall 2025-present)
Juliet Skrelja – Health Science (Spring 2025-Summer 2025)
Tatum Steele – Psychology (Spring 2021-Spring 2024)
Morgan Thomas – Psychology (Fall 2022-Fall 2023)
Nathan Waldrop – Psychology (Fall 2025)
Allison Walton – Psychology, Furman University (Spring 2023-Summer 2025)
Cordelia Wayt – Landscape Architecture (Spring 2024-Spring 2025)
Charlotte Weaver – Biological Sciences (Spring 2025-Fall 2025)
Samantha Webber – Psychology (Fall 2022)
Breanna Wickham – Biological Sciences (Fall 2025-present)

PROFESSIONAL SERVICE

SERVICE TO THE PROFESSION

June 2026 – Present	Family Relations *Editorial Board Member*
March 2026 – Present	International Journal of Qualitative Methods *Editorial Board Member*
July 2025 – Present	South Carolina Kinship Care Council *Research Member*
August 2024 – Present	Journal of Intergenerational Relationships *Editorial Board Member*
March 2024 – Present	Gerontological Society of America Educator Resource Development Workgroup *Member*
January 2024 – Present	Certified Family Life Educator Academic Program Review *Committee Member*
April 2024-June 2026	Family Relations: Interdisciplinary Journal of Applied Family Science *Editorial Fellow*
January 2024-January 2026	Gerontological Society of America Intergenerational Learning, Research, and Community Engagement Interest Group *Associate Convener*
January 2024-January 2026	Gerontological Society of America Academy for Gerontology in Higher Education *Emerging Scholar and Professionals Organization Junior Leader*

AD-HOC REVIEWER: FUNDING AGENCIES

National Community Care Corps

AD-HOC REVIEWER: JOURNALS

Alzheimer's and Dementia: The Journal of the Alzheimer's Association
Applied Developmental Science
The Assembly
Behavioral Sciences

Behaviour and Information Technology
BMC Geriatrics
Educational Gerontology
Educational Research and Evaluation
Elementary School Journal
Emerging Adulthood
Emerging Voices in Education
Family Relations
Frontiers in Developmental Psychology
Frontiers in Psychology
Frontiers in Public Health
Frontiers in Sociology
The Gerontologist
Gerontology and Geriatrics Education
GrandFamilies: The Contemporary Journal of Research, Practice and Policy
Humanities and Social Sciences Communications
International Journal of Qualitative Methods
Journal of Adult Development
Journal of Aging and Health
Journal of Aging Research
Journal of Applied Gerontology
Journal of Family Issues
Journal of Family Theory and Review
Journal of Gerontology, Series A: Medical Sciences
Journal of Gerontology, Series B: Psychological Sciences
Journal of Gerontology, Series B: Social Sciences
Journal of Intergenerational Relationships
Journal of the Learning Sciences
Journal of Marriage and Family
Journal of Population Ageing
Journal of Rural Studies

AD-HOC REVIEWER: CONFERENCES

American Educational Research Association Annual Meeting
American Society for Engineering Education Conference
Generations United Global Intergenerational Conference
Gerontological Society of America Annual Scientific Meeting
International Conference of the Learning Sciences
Learning Sciences Graduate Student Conference
National Council on Family Relations Conference

AD-HOC EXPERT PANELIST

Summer 2026	Delphi study member on strategies to strengthen rigor in mixed methods research (hosted by research methodology team at Tilburg University)

Summer 2024	Delphi panel member for IG Tech (intergenerational technology project funded through the RRF Foundation for Aging)

SERVICE TO THE UNIVERSITY

Summer – Fall 2024	Clemson University Institute for Engaged Aging South Carolina Alzheimer's Disease Research Center 2024 Research Symposium *Conference Planning Committee Member*
Summer 2024	Clemson University Institute for Engaged Aging Search Committee for Research Associate Professor *Committee Co-Chair*
Fall 2021	Clemson University Department of Education and Human Development Search Committee for Advanced Assistant / Associate Professor *Graduate Student Member*
Fall 2020 – Spring 2021	Clemson University Quality Enhancement Planning (QEP) Team *Exploratory Group Member*
Fall 2019 – Spring 2021	Clemson Learning Sciences Student Organization *Founder, President*
Fall 2018 – Spring 2020	Clemson University College of Education Graduate Student Advisory Board *Advisory Board Member*

PROFESSIONAL AFFILIATIONS

Current
Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART)
Gerontological Society of America (GSA)
National Council on Family Relations (NCFR)
Southern Gerontological Society (SGS)
Generations United's Shared Site Learning Network
Network for Innovative Methods in Longitudinal Aging Studies

Former
American Educational Research Association (AERA) | Division C/E
American Society for Engineering Education (ASEE)
Society for Research on Adolescence (SRA)

CERTIFICATIONS & SPECIALIZED TRAINING

2025-2026	Prisma Health National Institutes of Health (NIH) Accelerator Program
2024-2025	TT-START: Tenure-Track - Strategizing Time and Aspirations-a Roadmap for Tenure Program for 1st and 2nd Year Faculty through the Gerontological Society of America
2024	CoGenerate Solutions to Social Isolation & Loneliness: Innovators' Community of Practice
2023-2024	Aging Patient-Centered Outcomes Research Learning Collaborative: Partnerships Training Course
2022-2023	National Council on Family Relations Mentoring Academy
June 2022	Panel Study of Income Dynamics (PSID) Data User Workshop | ICPSR
March 2022	Certified Family Life Educator (CFLE) | National Council on Family Relations
June 2020	International Certificate in Intergenerational Learning, Fifth Edition

CONSULTING

August 2022 – Present	Quality Evaluation Designs *Senior Consultant*